



THE PARENT ACADEMY WEBINARS SPRING B 2020-2021



To register, please click on the preferred **GOLD** time below.

You will receive an email with ZOOM log on information.

Sessions are 1 hour long.

TUESDAY 4/06/21 M-DCPS PRE-K PROGRAMS AND ENROLLMENT

10 AM 1 PM 7 PM

This webinar provides information about M-DCPS Pre-K programs and the enrollment process.

TUESDAY 4/13/21 TRANSITION TO MIDDLE SCHOOL

10 AM 1 PM

This webinar guides parents on how to prepare their child for the transition to middle school.

TUESDAY 4/20/21 MINDFUL EATING

10 AM 1 PM

This webinar provides tips for families on how to create a healthy eating lifestyle.

TUESDAY 4/27/21 FATHERS IN ACTION

10 AM 1 PM

This webinar empowers and honors the vital role father figures have in a child's success.

TUESDAY 5/04/21 MENTAL HEALTH AWARENESS

10 AM 1 PM 6 PM

This webinar provides families with information about M-DCPS Dept. of Mental Health Services.

TUESDAY 5/11/21 DEVELOPING COPING SKILLS

10 AM 1 PM

This webinar guides parents on how to help their children cope with stress.

TUESDAY 5/18/21 UNDERSTANDING YOUR ADOLESCENT

10 AM 1 PM

This webinar helps parents to better understand their adolescent.

TUESDAY 5/25/21 HEALTHY EATING

10 AM 1 PM

This webinar provides families with helpful tips to raise a healthy eater.

If you require special accommodations including the services of a Sign Language Interpreter, you must contact the ADA office (305-995-4650) at least two-weeks prior to the event taking place.